



## PERSONAL, SOCIAL & EMOTIONAL SAFETY POLICY

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Authorized Signatories:			
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Vision – Mission - Values			
<b>Vision:</b>	To nurture the youth to grow into fully-fledged personalities and global citizens of the future world, by drawing out the best in them through support in all forms of learning.		
<b>Mission:</b>	The staff, parents and members of the School Board of BRS aim to encourage each student in all aspects of learning by: <ul style="list-style-type: none"> <li>○ Working together as a team and learning community.</li> <li>○ Identifying, nurturing, and developing every student’s potential.</li> <li>○ Promoting learning with love.</li> <li>○ Offering a holistic education to develop students’ aesthetic, moral, and social values; as well as their intellectual and physical capacities.</li> <li>○ Providing a rich, challenging academic program.</li> <li>○ Encouraging independence and confidence in a safe environment.</li> <li>○ Promoting personal self-esteem and respect for others.</li> <li>○ Setting high academic standards.</li> <li>○ Creating a world-class education experience—innovative, challenging, and enterprising. Setting high academic standards.</li> <li>○ Encouraging the development of positive social and cultural values.</li> <li>○ Developing leadership skills in all students.</li> <li>○ Providing positive adult role models.</li> <li>○ Sowing the seeds of wonder, creativity, innovation, hard work, and the spirit of discovery and adventure.</li> </ul>		
<b>Values:</b>	<ul style="list-style-type: none"> <li>○ Knowledge – we value fostering a passion for lifelong learning by acquiring skills and content required for successful and critical thinkers.</li> <li>○ Respect – we value treating others the way we ourselves like to be treated.</li> </ul>		

- Social Responsibility – we value the ideas that individuals have the ability to change the world and the group has the power to make this a reality.
- Creativity – we value igniting the spark of creativity and curiosity in our students.
- Celebrations – we value celebrating an accomplishment, be it big or small.

#### AIMS & OBJECTIVES

- To ensure that our children are provided with a safe & secure learning environment to flourish mentally, emotionally & academically.  
*(The British University in Dubai. Educational Policy, July 2014)*
- To ensure that students acquire the knowledge, understanding & skills needed to manage their lives as individuals of a global society
- To contribute to students' spiritual, moral, social & cultural development
- To ensure that students acquire the skills needed to live healthy, safe, productive, capable, responsible & balanced lives
- To ensure that all students are supported in building their self-confidence & resilience
- To ensure all students can manage risks & make informed choices, while understanding what has influenced their decisions
- To ensure all students can develop empathy & the ability to work with others, thereby forming & maintaining good relationships.

This policy works in tandem with the school's values & policies for Inclusion, Equal Opportunities, Child Safety & Anti-Bullying

#### DEFINITIONS

**Personal Safety:** Refers to the freedom from physical harm & threats of physical harm; freedom from hostility, aggression, harassment & devaluation/humiliation by the members of the school. This definition includes worries about being victimized as well as actual incidents of victimization.

**Social Safety:** Refers to a child's ability to maximize emotional & intellectual functioning in an integrated way. It refers to the feeling of safety with other people; the feeling of being secure, cared for, trusted & free to express thoughts & feelings without being misjudged. This definition also refers to the ability to deal with interpersonal competition, & to be stimulated to be thoughtful, solve problems, be creative & spontaneous.

**Emotional Safety:** Refers to positive feelings of expressing emotions without fear, including, but not limited to, self-awareness, self-control, empathy, self-respect and tolerance. It refers to a feeling of self-reliance, belongingness & dignity. It involves taking responsibility for one's own feelings & having the knowledge of & awareness of self & others' emotional state. An emotionally safe environment in school promotes autonomy (power & control), individuality, mutual honesty & respect & empathy. When a child is able to say what he/she means & mean what he/she says, but does so without being mean, then that child would be said to have acquired Academic, Social & Intrapersonal success; thereby being an **emotionally safe** child.

As per the school's policies of Child Protection, Inclusion & Equal Opportunities, all students, irrespective of caste, religion, gender & intellectual, cognitive & academic capacities, have equal opportunities to access all academic & co-curricular activities & curricula that the school provides. As per the policies mentioned above, discrimination & punishments are prohibited. Rewards/positive reinforcements are to be applied in the form of encouragement & praise to the children, without hurting the emotions of other children in the school.

#### METHODS USED FOR ENHANCEMENT IN SCHOOL

- By being inclusive, we acknowledge & accommodate the diversity within our school in terms of gender, race, religion, language, social background, culture, appearance, family set-up, special needs, abilities & disabilities.
- Respecting students' prior learning, experiences, needs & readiness.
- Providing opportunities to transform knowledge into personal understanding.
- Providing opportunities to learn by exploration, to 'know about...', 'know how to...', 'be able to...'.
- Equipping the children with the skills, language & strategies they need to live healthy, safe, fulfilling, responsible & balanced lives.
- Use of positive, healthy & unbiased messages when communicating with & educating students.
- Use of evidence based, accurate & age appropriate teaching techniques & strategies to enhance students' learning of:
  - Managing relationships
  - Social communication
  - Managing feelings & behavior
  - Emotional regulation
  - Self-confidence & self-awareness
  - Assertiveness
  - Keeping Safe & Healthy

#### IMPACT ON STUDENTS

- Students are encouraged to be resourceful & innovative
- Students are supported & are encouraged to support other children in effective transitions, positive learning, self-esteem & confidence building; thereby increasing their self-autonomy & empathy towards others
- Classroom environment elicits opportunities for students to reflect & work on their own values & attitudes
- Students must be able to identify & manage risks, make choices & solve problems independently, & understand how their decisions influence the people around them
- Students are encouraged to recognize, accept & shape their own identities, thereby developing a better understanding of themselves